



®

INTEGRATED SEXOLOGY

Dr. Hitesh Shah

The Clinical Prototype

Taking the journey of 34 years of clinical experiences to
Your Esteemed Patients,
towards their holistic Sexual and Relationship health care

Impact of Sexual Dysfunctions on Individuals and Couples

The NEED
Assessment

- Personal unhappiness
- Low self esteem
- Sexual dissatisfaction in partner
- Compromised marriages
- Marital disharmony
- Emotional and sexual incompatibility
- Divorces
- Extra marital affairs
- Depression
- Psychosomatic disorders
- Addictions



Sexual Dysfunctions **PREVALENCE**

- Women: 43%
- Men: 31%

Ref.: PubMed; NCBI, Kinsey to Shere Hite study to Cleveland clinic study.

EXISTING PLATFORMS

- Lack of adequate training and trained experts
- OTC - Herbal - PDE5 Inhibitors, SSRI etc. provide effective but temporary benefits with risk of side effects and dependency
- Localized approach rather than comprehensive or holistic care

SOLUTIONS

- Synthetic v/s Natural, Temporary v/s, Long term
- Localized v/s, Holistic and Comprehensive.
- Chemical v/s, Chemistry, Individual v/s, Couple



Sexual dysfunctions are Multifactorial in origin and hence needs comprehensive assessment at various levels:

Biological /
Genetic

Medical /
Hormonal

Sexuality

Psychological

Emotional

Relationship

Lifestyle &
Environmental

Habits and
addiction

In corollary, Sexual dysfunctions need Multidisciplinary approach for its lasting and holistic solution:

Sex Education - Counselling - Therapy

Integrated Medicine: Modern and AYUSH

Couple Therapy - Masters and Johnson

Marriage / Relationship Counselling

Personal counselling

Stress management

Lifestyle disorder management

Lifestyle: Diet, nutrition, exercise and sleep management

Freedom from habits and addictions

For Complete Sexual Fitness...

One should be
Physically Fit

Emotionally
Happy and at
Peace and
Stress free

and
Relationships-
wise, in
Harmony!

Need of the Hour!

Patients present to us with Sexual Dysfunctions but the Physician need to go beyond just the sexual dysfunction.

Behind every Sexual Dysfunction there is Disordered Sexuality
Behind every Disordered Sexuality, there is a Disturbed Personality
Behind every Disturbed personality, there is a Disorganized Person
With every Disorganized person, there is a **Disharmony in Relationship or Discord in the marital bond.**

As a result, we need to address not only the sexual dysfunction but also the Disordered Sexuality, Disturbed Personality, Disorganized Person and the Disharmony in the Relationship.

- Dr. Hitesh Sh



Integrated Sexology®

the pinnacle of all experiences. From Concept to Clinical Application!

Clinical
Discovery - V
Groundbreaking!

Treatment of Sexual Dysfunctions demands effective management of Medical factors, Sexuality, Personality, Person, Emotions, Relationship, Marital bond, Stress levels, Lifestyle, Physical Fitness, and the quality of Intimacy and Sexual Chemistry between the two partners; with a Multidisciplinary, Comprehensive, Holistic approach and Integrated Medicine

towards achieving Healthy Individuals and Happy Couples! - Dr. Hitesh Shah



Clinical outcome in Individuals and couples

Freedom from
Sexual
Dysfunctions

Enriched Sexual
Chemistry

Enriched
Emotional bond

Improved
Communication

Harmony in
Marriage

Happiness in
Families

Enhanced Self
Esteem

Freedom from
Stress

Healthy
Lifestyle

Freedom from
Habits and
Addictions

Improved Work
Efficiency

Creating Value: Noble and Helping profession with a unique niche and innovative approach



Patients : Healthy and Happy Individuals - Couples - Families

Professionals : Collaborative teamwork with medical and psychology practitioners and experts towards highest standards of Sexual and Relationship Health Care.

Society : Strengthening the Institution of Marriage

Communicate and Collaborate

Dr. Hitesh Shah

Feel free to discuss your esteemed patient's problems, pain and suffering.

- Dr. Hitesh Shah: 9869035111

www.sexologist.info

drhiteshshah@gmail.com

Whatsapp detailed audio note about your patient's name and problems over the number 9869035111



Integrated Sexology® helps ...

Men	Women	Couples
Erectile Dysfunction	Hypoactive Sexual Desire Disorder	Unconsummated Marriages
Early Orgasmic Response (Premature Ejaculation)	Sexual Aversion Disorder	Emotional Incompatibility
Hypoactive Sexual Desire Disorder	Lubrication Disorder	Sexual Incompatibility
Sexual Aversion Disorder	Penetration Phobia	Communication Issues
Absent Orgasm	Vaginismus	Extra Marital affairs
Impaired Orgasm		Intimacy enrichment
Sexual Addiction		Sexless Marriages
Performance pressure and Anxiety		

Dr. Hitesh Shah



Classical Homeopath

Clinical Sexologist

Sex Educationist

Sex Counsellor

Sex Therapist

Personal Counsellor

Pre-Marriage Counsellor

Corporate and Individual Stress Management Expert

Preventive Health, Wellness & Healthy Lifestyle Expert

Integrated Sexology® pioneer and practitioner

Empathy with
Healing touch!



Empathy and Healing Touch



Dr. Hitesh Shah

Purnam Health Centre

301, Sanjar Enclave, Opp. Milap PVR Cinema,
Above Balajee Banquets, S.V. Road,
Kandivali West, Mumbai 400067, India

www.sexologist.info

Whatsapp: 9869035111